

EARTH OVERSHOOT DAY

2023



What is it?

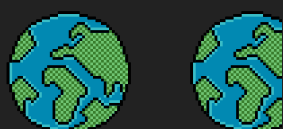
Earth Overshoot Day marks the date when humanity has used up all of the biological resources that Earth regenerates during the entire year. On average, this date is getting earlier each year.

Dec. 25th

Earth Overshoot Day 1971

Aug. 2nd

Earth Overshoot Day 2023



1.75 Earths are needed to sustain the world's population under current consumption rates.



5.1 Earths would be needed to sustain the world's population if everyone lived like the average U.S. citizen.

Calculate your personal Earth Overshoot Day!



START GAME



How to #MoveTheDate



- ★ Consume less meat
- ★ Switch to LED lighting
- ★ Use public transportation
- ★ Reduce your food waste
- ★ Replace business travel with videoconferencing
- ★ Reuse and recycle furniture and furnishings
- ★ Purchase energy efficient household appliances
- ★ Eat local
- ★ Rely on renewable energy



Learn more about living sustainably and ways to #MoveTheDate at: overshootday.org/power-of-possibility/



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