

# What is a 15-Minute city?



Schools



Parks



Grocery Stores



Medical Services



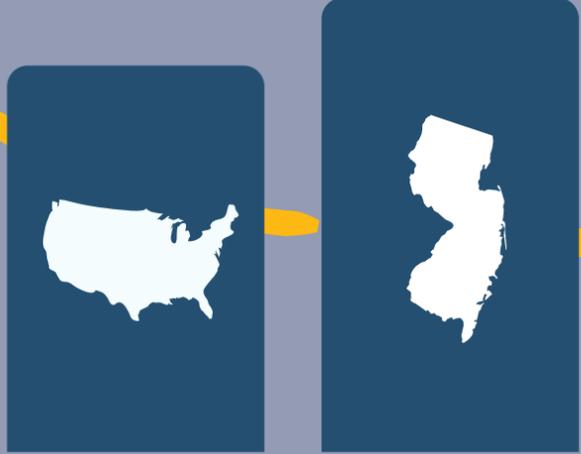
Transit



Employment

**A city where you can find everything you need within 15 minutes from home!**

A 15-minute city is designed to provide everything you need within a short 15-minute walk, bike or scooter ride: jobs, schools, food, parks, community centers, medical services, and more. This urban design concept is a solution to create more sustainable, equitable, and healthier cities.



**Did you know the average commute in New Jersey is over a half hour?<sup>1</sup>**

**This is 17% higher than the national average.**



**Goal: Create vibrant downtowns that are safe for walking and biking with accessibility to frequent public transit and reduce our reliance on cars.**

**Learn more about actions municipalities can implement to become pedestrian and bike friendly at: <https://www.sustainablejersey.com/actions/>**



1. U.S. Census Bureau (2022). Quick Facts. Retrieved from [https://www.census.gov/quickfacts/fact/table/NJ\\_US/LFE305221](https://www.census.gov/quickfacts/fact/table/NJ_US/LFE305221)